



ABC Care

Accountable | Believe | Compassion

(07) 4221 1656



**REGISTERED
PROVIDER**



myagedcare

ABC Care has been established in response to local community demand for culturally informed, compassionate and high-quality care for people with disabilities. Our health care professionals, social workers and support workers have vast expertise and experience in Aged Care, Nursing Care, Disability and Community Services. We pride ourselves on making a difference in the lives of our participants by supporting them to spend their lives in the fullest capacity and independently in their home environment. Our holistic approach prioritises the involvement of the participants, families and their advocates to get the best possible outcome for the implementation, assessment and review of the NDIS Plan. We adhere to NDIS Standards and continuously reflect on your progress towards achieving your goals the way you want. Our services are provided in an atmosphere of acceptance and inclusivity.

Our Services

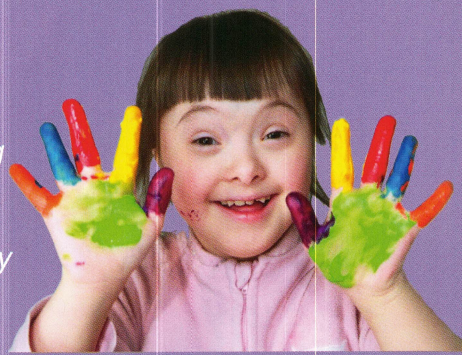
- Accommodation/Tenancy
- Assist Personal Activities High
- Assist-Life Stage, Transition
- Assist-Personal Activities
- Assist-Travel/Transport
- Behaviour Support
- Community Nursing Care
- Daily Tasks/Shared Living
- Innov Community Participation
- Development-Life Skills
- Household Tasks
- Participate Community
- Therapeutic Supports
- Support Coordination
- Group/Centre Activities

www.abccare.com.au

info@abccare.com.au

ABC Care Program Choices

Our Centre-Based Activities and Outdoor Programs promote socialisation while offering both worker-facilitated and self-directed capacity-building activities. Participants are welcome to undertake activities independently within the space, participate in facilitated workshops or a combination of both. All activities are participant-directed and only limited to participants' imaginations.



Community access

- Library
- Community events
- Shopping
- Museum
- Art Gallery

Life Skills development

- Grocery shopping
- Cooking
- Weaving
- Gardening
- Household tasks
- Tech Support



Literacy and Numeracy

- Tailored programs to suit learning ability
- Reading and Writing skills
- Money handling
- Budgeting
- ATM Skills

Recreational

- Ten-pin bowling
- Music
- Dance
- Picnics
- Art and craft
- Fishing

Improved Health & Wellbeing

- Health & wellbeing awareness and education
- Fitness activities
- Community Walks
- Beach Walks
- Swimming
- Yoga/ Meditation



@abccarecairns



2/114 Hoare Street Manunda Cairns

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